This is a poor man's method of making decals. I use copier paper cut into 3" X 5" squares or larger depending on need. Tape each corner down to cardboard that has been covered with Saran Wrap. I then use thinned white Elmer's glue-all. (straight from the bottle is too thick) I mix it with water until I have a consistency that is easily brushed, I use a 1/2" artist brush. I coat the paper with one coat of glue and let dry using a fan for faster drying. After the glue on the paper has thoroughly dried, I then begin to spray several very light coats of pigment paint over the glue surface. (too much paint, too quick, tends to soak through the glue and holds it to the paper much longer) After the paint has dried it can be cut into numbers and letters. It takes about 3 to 5 minutes in the water for the painted strip to turn loose from the paper.