Non-Slip Motor Knots
Another tip from the Scale Staffel of San Diego of long ago

After watching a flying cohort go through some incredible gyrations tying a knot in a rubber motor with a special over-hand, double cross-over under-looped whifferdill knot, that I felt a little silly with the knots I tie. But they never fail, even -- get this -- when the rubber is accidentally lubed. it is quite simple and my six year old son taught me on his shoelaces.