RUBBER LUBE, ANOTHER APPROACH
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In the Nov/Dec 2012 issue, a list of dos and don'ts cautioned against using Son of a Gun or Armor-All for rubber lube for several valid reasons. This is a tip I learned from Larry Coslick, who knows his way around rubber:

Pour a thin layer of Son of a Gun or Armor-All in a shallow pan and place it in a protected area where it won't gather dust and dirt. After about a week, the thin white liquid will have become a clear, yellowish oil, which is presumably silicone. It is an excellent rubber lube and will not spatter (if used judiciously) or evaporate.
I keep a baggie in my flight box. Put the rubber and a few drops of this oil in the baggie, knead it a bit, and you're good to go, with relatively clean hands.